

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ian Van Der Walt

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

TIME 02:01:33

PACE 04:10/km

OVERALL 1 of 10

GENDER 1 of 9

40 - 49 1 of 4

12 August 2018, Sun

Date



BoutTime

Signature